



Contact Lorcán

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Massage Treatments

Full Body Holistic Massage

A Holistic Body Massage is a massaging treatment that focuses on tense and stressed-out muscles but also helps impact a client's emotional well-being. ... The whole point of a holistic body massage is to target the places on your body that you feel is most "stressed out".

45 minutes	€65
60 minutes	€75

Full Body Sports Massage

Sports massage is designed to assist in correcting problems and imbalances in soft tissue that are caused from repetitive and strenuous physical activity and trauma.

60 minutes	€75
90 minutes + Injury Consultation	€100

Back, Neck & Shoulder Massage

This type of massage treatment allows muscle recovery, reduces stress, promotes the circulation of the areas worked on, helps to manage pains and aches and promotes muscle relaxation.

45 minutes	€65
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"If you listen to your body when it whispers, you won't have to hear it scream"